

PSYCHOLOGICAL SAFETY

THE SCARY TRUTH

SHIFT314 DEFINITION = ABSENCE OF FEAR



HERE'S WHAT YOU CAN DO TO MAKE A SHIFT

INCREASE YOUR PSYCHOLOGICAL SAFETY

1. Commit to your evolutionary journey as a leader
2. Investigate and understand how your emotions work
3. Become aware of your fears and work through them as they arise

KEEP IT SAFE

1. Ask for input and feedback
2. Communicate your constraints
3. Consider everyone involved

BUILDING PSYCHOLOGICAL SAFETY

1. Provide space for people to speak
2. Take the time to connect as human beings
3. Create an inclusive environment

LEARN MORE: [HTTP://SHIFT314.COM/PSYCHOLOGICAL-SAFETY/](http://SHIFT314.COM/PSYCHOLOGICAL-SAFETY/)

